

**Multi-dose misoprostol pharmacokinetics and its effect on the fecal microbiome in healthy,  
adult horses**

by

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## Abstract

Misoprostol, a synthetic prostaglandin E<sub>1</sub> (PGE<sub>1</sub>) analogue, is administered to treat glandular gastric ulcers in horses and may possess anti-inflammatory properties. However, misoprostol's multi-dose pharmacokinetics and effects on the fecal microbiome in horses require investigation. Our objectives were to compare the pharmacokinetics between repeated doses and to characterize changes in the fecal microbiome after oral and rectal multi-dose misoprostol administration in 6 healthy university-owned geldings. In a randomized, cross-over study, misoprostol (5 µg/kg) was administered orally or rectally every 8 hours for 10 doses, or not administered (control), with a 21-day washout between treatments. Concentration-versus-time data for dose 1 and dose 10 were subject to non-compartmental analysis. For microbiota analysis using 16sRNA amplicon sequencing, manure was collected at -7 days, immediately prior to dose 1, then 6 hours, 7 days, and 14 days after dose 10, with time-matched points in controls. Repeated dosing related differences in pharmacokinetic parameters were not detected for either administration route. Area under the concentration-versus-time curve was greater ( $p < 0.04$ ) after oral versus rectal administration. Relative bioavailability of rectal administration was 4-86% that of oral administration. Microbial composition, richness, and  $\beta$ -diversity differed among subjects ( $p < 0.001$  all) while only composition differed between treatments ( $p \leq 0.01$ ). Richness was decreased 6 hours after dose 10 and at the control-matched timepoint ( $p = 0.0109$ ) in all subjects. No other differences for timepoints, treatments, or their interactions were observed. Overall, differences in systemic exposure were associated with route of administration, but were not detected after repeated administration of misoprostol. Differences in microbiota parameters were primarily associated with inter-individual variation and management rather than misoprostol administration.

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## List of Abbreviations

ANOVA	Analysis of variance
AUC	Area under the curve
AUC <sub>0→last</sub>	Area under the concentration-versus-time curve to the last sample timepoint
AUC <sub>0→∞</sub>	Area under the concentration-versus-time curve to infinity
AUC <sub>tao</sub>	Area under the concentration-versus-time curve to the dosing interval
AUC <sub>extrap</sub>	The percentage extrapolated from the terminal component of the AUC <sub>0→∞</sub> curve
AUC <sub>taoextrap</sub>	The percentage extrapolated from the terminal component of the AUC <sub>tao</sub> curve
c-AMP	Cyclic adenosine monophosphate
C <sub>max</sub>	Peak plasma drug concentration
COX	Cyclooxygenase
CV	Coefficient of variation
EGGD	Equine glandular gastric disease
F	Relative bioavailability
LC-MS/MS	Liquid-chromatography-tandem mass spectrometry
LLOD	Lower limit of detection
LLOQ	Lower limit of quantification
LPS	Lipopolysaccharide, endotoxin
MFA	Misoprostol free acid
MRT	Mean residence time
MU	University of Missouri
NSAID	Non-steroidal anti-inflammatory drug
PCoA	Principle coordinate analysis

PERMANOVA      Permutation multivariate analysis of variance

PGE<sub>1</sub>      Prostaglandin E<sub>1</sub>

PO      Per os, oral administration

PR      Per rectum, rectal administration

SD      Standard deviation

SIRS      Systemic inflammatory response syndrome

t<sub>max</sub>      Time to peak plasma drug concentration

t<sub>1/2</sub>      Half-life (disappearance value)

1/λ      Elimination rate constant (disappearance value)

## Chapter 1: Literature Review

### Section 1: Introduction and Justification

Endotoxemia, defined as the presence of endotoxin (lipopolysaccharide, LPS) in the blood after proliferation or death of Gram-negative bacteria,<sup>1-6</sup> and/or bacteremia, defined as bacteria in the blood, can lead to the release of inflammatory mediators. In horses, these inflammatory mediators can trigger a life-threatening state called systemic inflammatory response syndrome (SIRS).<sup>1,2,4,5</sup> This condition is associated with multiple diseases in horses, particularly gastrointestinal diseases.<sup>1,3,4</sup> Significant increases in morbidity and mortality are associated with SIRS, because this condition often results in life-threatening secondary conditions.<sup>1,3,5,6</sup>

Preventing or reducing inflammation is essential for managing SIRS. Unfortunately, treatment options for horses are limited, with flunixin meglumine and polymyxin B representing the mainstays of therapy.<sup>1,4,5</sup> Flunixin meglumine is a non-selective cyclooxygenase (COX) inhibitor that inhibits prostanoid synthesis to provide anti-inflammatory and analgesic effects.<sup>7</sup> While flunixin meglumine improves some consequences of SIRS, it does not inhibit production of key inflammatory mediators,<sup>1,5,8,9</sup> and is associated with adverse effects including gastrointestinal ulceration and nephrotoxicity.<sup>7,9,10</sup> Polymyxin B, a cationic polypeptide antibiotic, binds LPS and prevents the inflammatory cascade.<sup>4,5,8,11</sup> However, since polymyxin B only targets free LPS, its anti-inflammatory effects are limited once LPS initiates the inflammatory cascade. While these medications are useful in some regards, there remains a clear need to identify alternative or complementary medications with effective *in vivo* anti-inflammatory activity.

Misoprostol, a synthetic prostaglandin E<sub>1</sub> (PGE<sub>1</sub>) analogue and E<sub>2</sub>, E<sub>3</sub>, and E<sub>4</sub> prostanoid receptor subtype agonist, is approved in humans for the prevention of gastric and duodenal injury related to nonsteroidal anti-inflammatory drug (NSAID) use,<sup>12</sup> and is recommended in horses for treatment of equine gastric glandular disease (EGGD) and NSAID-induced colitis.<sup>13,14</sup> In addition to its recommended uses, misoprostol may also hold promise as a potential anti-inflammatory medication for the management of SIRS in horses. While numerous *in vitro* and *ex vivo* studies have described the anti-inflammatory effects of misoprostol through cytokine and cyclic adenosine monophosphate (c-AMP)-mediated pathways,<sup>15-19</sup> its anti-inflammatory potential in horses is less clear. A recent study investigating the administration of single dose misoprostol orally or rectally in healthy adult horses challenged with LPS identified appreciable changes in select inflammatory cytokines.<sup>20</sup> A critical next step in the evaluation of misoprostol involves obtaining clinically useful multi-dose pharmacokinetic data in order to make more informed decisions regarding misoprostol dosing regimens. Additionally, because the drug has the potential to alter gastrointestinal physiology, misoprostol's potential to affect the gastrointestinal microbiota should be considered and further evaluated.

## Section 2: Misoprostol Pharmacokinetics

### Subsection 2a: Misoprostol Pharmacokinetics in Humans

The pharmacokinetics of misoprostol have been described in humans for a variety of routes of administration, including oral, sublingual, buccal, transvaginal, and transrectal, with pharmacokinetic profiles varying widely based on the route.<sup>21-24</sup> Following administration, misoprostol is quickly de-esterified to its active metabolite, misoprostol free acid (MFA).<sup>21,22</sup> MFA has varying bioavailability depending on the route of administration and degree of protein-binding. MFA is typically 81-89% protein-bound, with the majority of protein-binding occurring with albumin.

Following oral administration in humans, misoprostol appears to be rapidly absorbed with a maximum plasma concentration ( $C_{max}$ ) occurring within 12-30 minutes and a reported half-life of 20-40 minutes. However, it appears that a fed versus fasted state affects the pharmacokinetic properties of orally administered misoprostol in people. In particular, the rate of absorption and bioavailability can decrease in fed people as compared to fasted people.<sup>25</sup>

The route of administration also has an impact on misoprostol pharmacokinetics in humans. One study revealed that sublingual administration had higher bioavailability as compared to oral and transvaginal administration.<sup>23</sup> Additional studies demonstrated that oral administration had a faster time to  $C_{max}$  ( $T_{max}$ ) and shorter disappearance half-life ( $T_{1/2}$ ) as compared to trans-rectal administration.<sup>24</sup> Although transrectal and transvaginal administration yielded longer  $T_{max}$  and  $T_{1/2}$  compared to other routes, they did not lead to a significant change in bioavailability compared to oral administration.<sup>21,22</sup>

## Subsections 2b: Misoprostol Pharmacokinetics in Horses

Single dose pharmacokinetics of misoprostol at a dose of 5  $\mu\text{g}/\text{kg}$  have been described after oral administration (per os, PO) in corn oil in fasted horses, and after PO and rectal administration (per rectum, PR) in water in fed and fasted healthy horses.<sup>15,26</sup> The dose of 5  $\mu\text{g}/\text{kg}$  is extrapolated from human misoprostol pharmacokinetic studies, in which adult subjects are most often administered 400  $\mu\text{g}$  (total dose, not per kilogram).<sup>23,27</sup> The dose of 5  $\mu\text{g}/\text{kg}$  has also been commonly accepted to be effective for treating certain gastrointestinal conditions in horses when given two to three times per day.<sup>14,28</sup> Comparisons between the single dose pharmacokinetic studies in healthy horses are presented in **Table 1**. The reported  $C_{\text{max}}$  in fasted horses receiving misoprostol PO in corn oil was much lower than in fasted horses receiving misoprostol PO in water.<sup>15,26</sup> Additionally, the  $C_{\text{max}}$  in both fasted and non-fasted horses receiving misoprostol PO in water was much lower than in horses receiving misoprostol PR in water.<sup>26</sup>  $T_{\text{max}}$  values reported in horses administered misoprostol PO in water and corn oil were similar, while horses administered misoprostol PR in water had a significantly shorter  $T_{\text{max}}$ .<sup>15,26</sup> Finally, when evaluating area under the concentration-versus-time curve (AUC), values were highest in fasted horses administered misoprostol PO in water, followed by fed horses administered misoprostol PO in water, and then lowest in fasted horses administered misoprostol PO in corn oil and horses administered misoprostol PR in water.<sup>15,26</sup> While pharmacokinetic profiles vary between routes of administration and carrier vehicle, reported plasma concentrations for both routes and vehicles were comparable or superior to those reported in humans.

Overall, the presence of food in the gastrointestinal tract appears to have a strong influence on the absorption and pharmacokinetic profile of orally administered misoprostol.

Fasted horses receiving the drug in water demonstrated a greater  $C_{max}$ ,  $T_{1/2}$ , and AUC as compared to fed horses receiving the drug in water or even fasted horses receiving the drug in corn oil.<sup>15,26</sup> This suggests that the presence of food (such as hay or corn oil) reduces the bioavailability of orally administered misoprostol. This could be due to alterations in the gastric emptying/gastrointestinal motility, drug binding to food, and/or changes in physiologic factors such as gastrointestinal pH between the fasted and fed states, which also happens with other medications such as gastroprotectants, anthelmintics, antimicrobials, and NSAIDs.<sup>29-33</sup>

A more recent study evaluated the pharmacokinetics of a single 5  $\mu\text{g}/\text{kg}$  dose of misoprostol administered to fasted horses PO in water and horses PR in water that were experimentally challenged with endotoxin (LPS) at a 20  $\text{ng}/\text{kg}$  dose. Select pharmacokinetic parameters as compared to the earlier single-dose study are presented in **Table 2**. Similar differences in parameters occurred between PO and PR administration in both studies. However,  $C_{max}$  concentrations and AUC were interestingly increased in the horses experimentally challenged with LPS that were receiving misoprostol PO as compared to healthy horses receiving misoprostol PO, suggesting that inflammation may also influence oral drug absorption.<sup>20,26</sup>

In equine clinical practice, misoprostol is typically administered for several days to weeks at a suggested dose of 5  $\mu\text{g}/\text{kg}$  orally or rectally every 8 to 12 hours.<sup>14</sup> To date, the pharmacokinetics of multi-dose misoprostol have yet to be described in the horse. Since the pharmacokinetic behavior of a drug can change with repeated administration, describing multi-dose pharmacokinetics of misoprostol administered orally and rectally is an essential step for optimizing misoprostol administration protocols in horses.

Route/Vehicle	Martin et al. EVJ 2019		Lopp et al. AJVR 2019	
	PO-Fasted Water + Corn Syrup	PO-Fasted Water	PO-Fed Water	PR Water
<b>T<sub>max</sub> (hr)</b>	0.39 ± 0.04	0.25 (0.17-0.75)	0.30 (0.08-1.5)	0.08
<b>C<sub>max</sub> (pg/mL)</b>	290 ± 70	655 ± 259	352 ± 109	967 ± 492
<b>AUC<sub>0→∞</sub> (pg*hr/mL)</b>	400 ± 120	2,217 ± 955	1358 ± 891	385 ± 153
<b>t<sub>1/2</sub> (hr)</b>	0.67 ± 0.20	4.13 ± 3.4	2.53 ± 1.73	0.53 ± 0.27

**Table 1:** Comparison of select pharmacokinetic parameters from two investigations of single-dose misoprostol administration to healthy horses by a variety of delivery strategies.<sup>15,26</sup>

	Kimura et al. AJVR 2022		Lopp et al. AJVR 2019	
	PO-Fasted	PR	PO-Fasted	PR
<b>T<sub>max</sub> (min)</b>	25 (10-45)	3 (3-5)	21 (10-45)	5
<b>C<sub>max</sub> (pg/mL)</b>	5209 ± 3487	854 ± 855	655 ± 259	967 ± 492
<b>AUC<sub>0→∞</sub> (hr*pg/mL)</b>	4999 ± 3665	179 ± 155	2217 ± 955	385 ± 153
<b>t<sub>1/2</sub> (min)</b>	40 ± 21	9 ± 7	170 ± 129	21 ± 24

**Table 2:** Comparison of select pharmacokinetic parameters from two investigations of single-dose misoprostol administration to healthy horses and LPS-challenged horses by a variety of delivery strategies.<sup>20,26</sup>



### Section 3: The Equine Gastrointestinal Microbiome

In order to review and comprehend previous publications relating to the equine gastrointestinal microbiome, a general understanding of some common microbial ecology concepts is vital. **Appendix I** reviews the definitions of a few of the most important terms utilized in the literature and throughout the remainder of this work.

The gastrointestinal microbiota and microbiome have been previously recognized for their importance in the breakdown and utilization of complex nutrients as well as protection from overgrowth of pathogenic organisms. As hindgut fermenters, horses have a unique digestive tract, which relies on anaerobic fermentation within the large intestine. Although polymicrobial populations reside throughout the entire gastrointestinal tract, the complex microbial community responsible for the aforementioned fermentation primarily exists within the cecum and large colon. The bacterial population of the large intestines is thought to be most important in maintaining the homeostasis of this environment.<sup>34</sup> Particularly important in the horse, fibrolytic bacteria breakdown complex carbohydrates to produce short-chain fatty acids that supply most of the animal's energy requirements.<sup>35,36</sup>

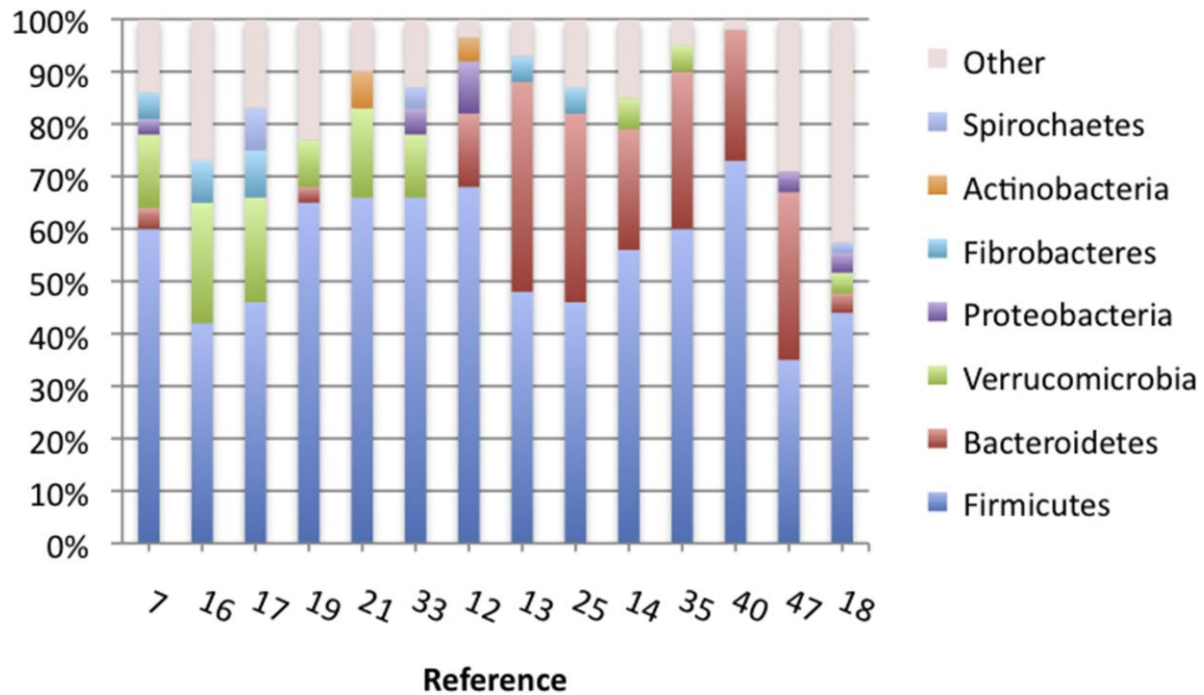
It is important to glean an understanding of the normal, healthy microbiota in horses, in order to allow for assessment of the abnormal. However, it is important to realize that this “normal” population can have marked inter-horse variation. Additionally, a wide variety of factors such as geographic region, nutrition, breed, age, and management, can influence the composition of the microbiota in healthy horses. As a result, a generalized assessment of the microbial population is required.

Similar to other mammals, Firmicutes is the primary bacterial phylum noted in the distal gastrointestinal tract of horses. In the literature, some studies show Bacteroidetes as the second

most abundant phylum,<sup>37-40</sup> while others show Verrucomicrobia,<sup>41-43</sup> as depicted in **Figure 1**. Shifts in Firmicutes and Bacteroidetes populations have been observed in the literature in response to certain factors such as nutritional changes, housing and management changes, various gastrointestinal pathologies, and stress-related factors like transportation, although these shifts are often inconsistent.<sup>44</sup>

As evaluation of phyla only provides a high-level overview of the microbiota, concurrent evaluation of lower taxonomic levels should also take place. Decreases in *Lachnospiraceae*, *Ruminococcaceae*, and other butyrate-producing bacteria (important contributors to intestinal homeostasis) or increases in *Lactobacillus* and *Streptococcus* (lactic acid-producing bacteria), have been considered undesirable changes in the microbiota because they are often associated with gastrointestinal dysbiosis. Additionally, overall decreases in microbial richness and/or diversity are also considered an undesirable change.<sup>44</sup>

As with many species, the intestinal microbial population of horses is influenced by many factors. The membership and structure, especially at lower taxonomic levels (e.g., species and genus) can be affected by age, diet, environment (geographic location, climate, and season), management (continuous vs. meal feeding, fasting, exercise, and transportation), medication administration, and multiple disease states.<sup>34,44</sup> For the purposes of this review, the effects of diet, gastrointestinal disease, and drug administration will be discussed.



**Figure 1:** Relative abundance of the main phyla reported in feces of healthy horses in numerous studies. Reprinted from Costa & Weese 2018,<sup>34</sup> with permission from Elsevier.

### Subsection 3a: Diet and the Microbiome

Evolutionarily, horses are adapted to graze continuously, allowing for a continuous intake of complex carbohydrates as roughage. However, active performance horses often require supplementation with more readily digestible carbohydrates. As expected, marked differences are reported in the microbiota of horses on forage-based diets versus carbohydrate-supplemented diets.<sup>45-49</sup> Forage based, less nutrient dense diets are reported to increase microbial diversity and stability.<sup>49,50</sup> In contrast, the high-nutrient availability of carbohydrate supplemented diets is reported to reduce microbial diversity.<sup>48-50</sup> Ecological theories suggest this decreased diversity leads to a microbial community that is less stable and more prone to gastrointestinal dysbiosis.<sup>51</sup> It is proposed that this is due to a decrease in the proportion of fibrolytic bacteria (genus *Fibrobacter* and family *Ruminococcaceae*), where lactic-acid producing bacteria (group *Bacillus-Lactobacillus-Streptococcus*) were increased in horses on a concentrate supplemented diet.<sup>45,48,52-54</sup> *Streptococci* are lactic-acid producing bacteria associated with hind-gut acidosis.<sup>53,54</sup> It seems that in horses fed high carbohydrate diets, a large amount of those starches pass by enzymatic digestion in the foregut.<sup>55</sup> When those starches reach the hindgut, they are fermented and increased volumes of lactic acid are produced.<sup>56</sup> The resulting drop in pH is thought to create conditions unfavorable for fibrolytic bacteria, representing a risk factor for disease.<sup>56</sup>

In addition to the inclusion of starch in the diet, it also appears that the source of starch has an effect on changes in the microbial population.<sup>57</sup> For instance, in one study, supplementation of oats in the diet resulted in increased *Lactobacilli* and decreased Gram-positive cocci, while supplementation with corn reversed these effects.<sup>58</sup> This may be explained by increased digestibility of oats in the foregut as compared to corn.<sup>59</sup> It could also be attributed

to other properties of these starches, including differences in amylose/amylopectin ratio, starch granule morphology, presence of other nonstarch components in oats (beta-glucans in oats have prebiotic effect), or others.<sup>60</sup> Finally, abrupt changes in the diet are also strongly associated with gastrointestinal microbial disturbance in the horse.<sup>47,61-64</sup>

### Subsection 3b: Gastrointestinal Disease and the Microbiome

Numerous diseases have been associated with alterations in the equine gastrointestinal microbiota. This includes colic,<sup>65,66</sup> acidosis, diarrhea, colitis,<sup>37,67</sup> equine grass sickness,<sup>68,69</sup> equine metabolic syndrome,<sup>70</sup> laminitis,<sup>53,54,71-73</sup> asthma,<sup>74</sup> and parasitism.<sup>75,76</sup> However, with many of these findings, it is important to note that the differentiation of cause versus effect can be difficult, if not impossible, given how difficult it is to control sporadic disease for study conditions. This means that we cannot tell which shapes the other, disease or altered microbiota. It is possible and likely that each shapes the other in a cycle.

As gastrointestinal disease is a major contributor to morbidity and mortality in horses, the effect of both colic and colitis on the fecal microbiome will be the focus of this review.

Despite the importance of colic, and the expectation that the microbiota would experience marked changes with colic, few studies have been completed to evaluate this hypothesis. One such study reported increased Bacteroidetes and *Clostridium phytofermentans* in samples from horses experiencing non-surgical large intestinal colic versus 30-90 days post colic resolution.<sup>65</sup> Another study found consistently decreased Firmicutes and increased Proteobacteria in horses with colic, and suggested that the ratio of Firmicutes to Proteobacteria could potentially be used to predict colic (the higher the ratio, the less likely colic is to develop).<sup>66</sup> Finally, in a third study, horses presenting for colic had reduced microbial richness and diversity compared with horses presenting for elective procedures. This included decreased prevalence of commensal bacteria including *Prevotella* and *Lachnospiraceae*, and increased pathobionts *Streptococcus* and *Sphaerochaeta*.<sup>77</sup> It has been proposed that decreased ability of the microbiota to adapt to environmental or diet changes (such as season, weather, or forage types) may be related to

development of certain types of colic.<sup>78</sup> This could explain why these changes predispose some but not all horses to colic.

In cases of colitis, the recognized infectious bacterial causes include *Clostridium difficile*, *Clostridium perfringens*, *Salmonella* spp, and *Neorickettsia risticii*.<sup>34</sup> Still, in many cases of colitis, the underlying etiology remains unknown, so the role of other pathogenic bacteria as a cause continues to be an area that requires investigation. Despite the importance of colitis as a disease process in the horse, few studies have investigated this further. In one study, a decrease in the normally abundant Firmicutes phylum and increase in the Bacteroidetes phylum was noted in horses with colitis as compared to healthy horses.<sup>37</sup> Additionally, horses with colitis had more *Fusobacteria*, but less *Actinobacteria*, *Spirochaetes*, and *Clostridia* members. Another study reported that species richness and evenness (distribution of different bacterial species present) were lower in horses with diarrhea.<sup>67</sup> Additionally, both studies discovered increased levels of *Fusobacteria*, but none in healthy horses. Further evaluation of the role of *Fusobacteria* in the microbiota of horses with and without diarrhea is warranted, as it may serve as an equine enteric pathogen. However, it is also possible that these *Fusobacteria* are just able to proliferate more easily in response to intestinal changes that occur with diarrhea. For instance, it has been proposed that increased intestinal permeability may contribute to some of the changes in the microbiota.<sup>79</sup> However, the overall findings suggest colitis is likely more associated with major intestinal disturbances rather than to any one single, specific pathogen.<sup>37</sup>

### Subsection 3c: Drugs and the Microbiome

Among the numerous external factors leading to changes in the microbiome, antimicrobial drug administration may have some of the most profound consequences.<sup>80</sup> While treatment with antibiotics is one of the most important therapies in equine medicine, it can induce dysbiosis. This can lead to overgrowth of more pathogenic organisms (such as *Clostridium difficile*),<sup>81</sup> and result in antimicrobial induced diarrhea/colitis.<sup>82-86</sup> It is also proposed that changes in microbial communities can promote deterioration of the mucosal protective barrier.<sup>87</sup> One study of three antibiotics administered for five days in horses revealed specific changes in fecal microbiota community membership (including reduced richness and diversity).<sup>41</sup> The most significant effect was noted with trimethoprim sulfonamide administered orally, as compared to procaine penicillin and ceftiofur sodium administered intramuscularly. However, all drugs induced some effect. Another study demonstrated that trimethoprim sulfadiazine oral administration was associated with decreased cellulolytic bacteria concentrations and increased amylolytic bacteria.<sup>84</sup> Similarly, a third study found horses administered trimethoprim sulfadiazine or ceftiofur exhibited decreased cellulolytic bacteria in fecal samples.<sup>86</sup> Furthermore, it demonstrated that disruption of the microbiota was associated with proliferation of *Salmonella* and *Clostridium difficile* commonly associated with diarrhea, even after treatment with antibiotics was discontinued. A fourth study revealed that metronidazole administered intracecally in cannulated horses decreased alpha diversity metrics from both cecal and fecal samples.<sup>88</sup> Finally, a recent study demonstrated that horses administered oral doxycycline experienced significant decrease of both alpha and beta diversity.<sup>89</sup> Overall, antimicrobial drug administration is associated with decreased cellulolytic bacteria, suggesting these treatments could decrease the total energy derived from forage in the



diet.<sup>84,86</sup> Moreover, the decline in diversity may allow for propagation of more pathogenic bacteria.

In addition to antimicrobials, NSAIDs are commonly utilized in the treatment of various conditions in horses. These medications have previously been associated with the development of gastropathy, enteropathy, or NSAID-induced colitis,<sup>9,90,91</sup> as well as decreased recovery of the mucosal barrier function.<sup>92</sup> One study evaluating the effects of therapeutic doses of phenylbutazone and firocoxib on the fecal microbiota revealed decreased members of the Firmicutes phylum, and the *Lachnospiraceae*, *Clostridiaceae*, and *Ruminococcaceae* families with both medications.<sup>91</sup> While this demonstrates dysbiosis, the implications of these findings are still unknown.

Finally, another commonly overlooked but critical consideration is the potential of the gastrointestinal microbiota to modulate the bioavailability of drugs, particularly orally administered drugs that are absorbed in the lower gastrointestinal tract. The microbiota may influence drug bioavailability directly through microbial enzyme activity, or indirectly through changes in the gastrointestinal environment or drug transport.<sup>93</sup> Although these effects have not been specifically investigated in equine medicine, their possibility should still be taken into consideration when evaluating the pharmacokinetics and bioavailability of medications in horses.

#### Section 4: Misoprostol and the Gastrointestinal Microbiome

Administration of misoprostol has the potential to alter gastrointestinal physiology through interactions with prostanoid receptors throughout the gastrointestinal tract. These effects can be beneficial with respect to the role of misoprostol in mucosal protection and repair,<sup>15-19,92,94</sup> but can also result in adverse events including alterations in smooth muscle contractility, colonic transit time, or intestinal fluid movement leading to reported side effects of abdominal cramping and diarrhea.<sup>95</sup> To date, there is limited information available regarding whether misoprostol-mediated effects on gastrointestinal physiology have the potential to cause alterations in the gastrointestinal microbiome. In mice, misoprostol improved colonic barrier function and promoted the recovery of microbiome homeostasis after disruption with antibiotics, although the exact mechanism of these benefits remains unknown.<sup>96</sup> This could be of therapeutic significance in horses where gastrointestinal disease<sup>37,65,66,77,97,98</sup> and administration of antibiotics or NSAIDs<sup>41,86,91,99</sup> have the potential to create dysbiosis, if misoprostol could be prescribed to help restore the microbiome population. In contrast, it is possible that administration of misoprostol and the subsequent changes in gastrointestinal physiology previously described could result in enough changes to the local intestinal environment to cause dysbiosis itself. Given the essential role of the gastrointestinal microbiome in health and disease of horses, as well as the increased frequency with which misoprostol is used to treat horses with gastrointestinal disease, investigation into its potential to alter the gastrointestinal microbiome in horses is warranted.

## Section 5: Objectives and Hypotheses

The objectives of this study were to determine the pharmacokinetics of misoprostol and to describe changes in the fecal microbiome after oral and rectal repeated dose misoprostol administration to healthy, adult horses. It was hypothesized that pharmacokinetic parameters would differ by route of administration, but not after repeated dose administration. Furthermore, it was hypothesized that changes in the composition, richness, or diversity of the fecal microbiome would not be observed after oral or rectal repeated dose misoprostol administration.

## Chapter 2: Materials and Methods

### Section 1: Animals

Six university-owned healthy adult (13-18 years old) mixed-breed geldings, ranging in body weight from 468 to 609 kg, were used for the study. All horses had no history of illness or antimicrobial administration within the previous six months and were deemed healthy on the basis of physical examination findings and biochemistry panel screenings. Horses were housed individually in stalls for a minimum of 12 hours prior to and for the duration of each experimental condition. Horses were maintained on group-specific pasture prior to study onset, during all washout periods, and after study completion. Fresh clean water was provided *ad libitum*. Horses were offered grass hay (three flakes twice daily) and a senior concentrate mash (three pounds once daily) leading up to and throughout the entire study, including washout periods. Physical examinations were performed prior to and then every 12 hours for the duration of each experimental condition. Horses were monitored hourly during each experimental condition and daily during each washout period. All procedures were reviewed and approved by the Auburn University Institutional Care and Use Committee (Protocol #2020-3736).

## Section 2: Experimental Design

A prospective, three treatment randomized crossover study design was used. Treatment order was assigned by simple randomization using a random number generator (random.org). Horses were administered a 5 µg/kg dose of misoprostol orally (ORAL) or rectally (RECTAL) every 8 hours for a total of 10 doses, or no medication (CONTROL) for the same duration, with a minimum 21-day washout period between each experimental condition. For the ORAL and RECTAL conditions, horses were instrumented with a 14-gauge over-the-needle catheter in the left or right jugular vein to facilitate repeated blood sample collection for the measurement of plasma MFA concentrations. For all conditions, manure samples were collected by manual evacuation of the rectum for fecal microbiome analysis. Horses were maintained on a standard feeding schedule throughout the study with feed provided a minimum of 5 hours prior to and 1 hour following drug administration for the ORAL and RECTAL conditions and at time-matched points for the CONTROL condition.

### Section 3: Misoprostol Administration

For oral administration (ORAL condition), misoprostol hydrochloride tablets (Greenstone®, 100 µg) were dissolved in 30 mL water, administered via oral syringe, and followed immediately by administration of 30 mL water through the same syringe to ensure delivery of the total dose. For rectal administration (RECTAL condition), manure was manually evacuated prior to drug administration. Misoprostol tablets were dissolved in 30 mL water, administered via syringe attached to a 40 cm, 18 French red rubber catheter advanced approximately 30 cm into the rectum, and followed immediately by infusion of 30 mL water through the same syringe and catheter to ensure delivery of the total dose.

#### Section 4: Blood Sample Collection

For measurement of plasma MFA concentrations for the ORAL condition, blood samples were collected immediately prior to (time 0), and at 10, 15, 20, 30, 60, 90, and 120 minutes following drug administration for doses 1 (first) and 10 (last) as well as at time 0, and at 15 and 30 minutes for doses 2 and 8. For the RECTAL condition, blood samples were collected at time 0, and at 3, 5, 10, 15, 30, 60, and 90 minutes after drug administration for doses 1 and 10, as well as at time 0, and at 3 and 5 minutes after drug administration for doses 2 and 8. Timing of sample collection was based on previously reported pharmacokinetics for single-dose misoprostol administered by the oral and rectal routes.<sup>9,26</sup> Samples were immediately placed in sodium heparin tubes, placed on ice, and then centrifuged ( $400 \times g$  for 10 minutes at  $4^{\circ}\text{C}$ ) within 15 minutes of collection. Plasma was separated into 2 mL aliquots and stored at  $-80^{\circ}\text{C}$  until analysis.

## Section 5: Fecal Sample Collection

For all horses, a manure sample was collected 7 days prior to study onset (Baseline). Samples were then collected immediately prior to dose 1 (Start Tx), and then 6 hours (End Tx), 7 days (D7), and 14 days (D14) after dose 10 for the ORAL and RECTAL conditions, and at time-matched points for the CONTROL condition. Samples were refrigerated within 10 minutes of collection. Aliquots of feces from the center of each fecal ball were then transferred to 2 mL Eppendorf tubes within 30 minutes of collection and stored at -80°C until analysis.



## Section 6: Measurement of Plasma MFA Concentration

Plasma MFA concentrations were analyzed by liquid-chromatography-tandem mass spectrometry (LC-MS/MS) with a triple quadrupole system (Thermo Altis, Thermo Fisher Scientific) and software (TraceFinder 4.1) designed for data acquisition and analysis. The LC-MS/MS protocol and data acquisition parameters have been previously described for equine plasma.<sup>20,26</sup> Briefly, 500  $\mu$ L plasma sample was mixed with 1 mL acetonitrile spiked with 5  $\mu$ L D5-misoprostol acid (100 ng/mL), centrifuged and the supernatant dried and then reconstituted into 100  $\mu$ L solvent prior to LC-MS/MS instrument injection. LC separation was performed on a C18+ column (2.1 x 100mm, 1.5 $\mu$ m; Thermo Accucore Vanquish, Thermo Scientific) with a mobile phase A (0.1% formic acid in water) and mobile phase B (0.1% formic acid in acetonitrile). For method validation, the calibrated concentration range was 2 pg/ml to 5000 pg/ml with a lower limit of quantification (LLOQ) of 2 pg/mL and standard curve correlation coefficient values ( $R^2$ ) > 0.993. Percent MFA recovery and within and between-run accuracy and precision data are presented in **Table 3**.

MFA concentration (ng/mL)	Recovery (%)	Within run precision (n = 15)	Between run precision (n = 15)	Within run accuracy (n = 5)			Between run accuracy (n = 15)
				Day 1	Day 2	Day 3	
<b>0.3</b>	<b>67 ± 9</b>	<b>7.8</b>	<b>5.4</b>	<b>96 ± 8</b>	<b>100 ± 6</b>	<b>101 ± 10</b>	<b>99 ± 7</b>
<b>1</b>	<b>71 ± 6</b>	<b>5.3</b>	<b>4.3</b>	<b>116 ± 3</b>	<b>115 ± 8</b>	<b>113 ± 6</b>	<b>115 ± 6</b>
<b>3</b>	<b>73 ± 3</b>	<b>4.3</b>	<b>3.7</b>	<b>102 ± 3</b>	<b>101 ± 5</b>	<b>101 ± 5</b>	<b>101 ± 4</b>

**Table 3:** Recovery, accuracy, and precision data for validation of method used to detect MFA concentrations via LC/MS/MS. Recovery is calculated by the signal ratio of spiked standard in serum to spiked standard in 50% acetonitrile. Values for recovery and accuracy are presented as mean ± standard deviation.

## Section 7: Pharmacokinetic Analysis

Plasma MFA concentration-versus-time data were subjected to noncompartmental pharmacokinetic modeling using Phoenix WinNonlin, v8.1 (Certara, St Louis MO) software. Peak plasma concentration ( $C_{\max}$ ) and its respective time ( $T_{\max}$ ) were reported. The area under the MFA concentration-versus-time curve to the last sample timepoint ( $AUC_{0 \rightarrow \text{last}}$ ), to infinity ( $AUC_{0 \rightarrow \infty}$ ), and to the dosing interval ( $AUC_{\text{tao}}$ ) after dose 1 (first) and dose 10 (last) were calculated using the log-linear trapezoidal method. For  $AUC_{0 \rightarrow \infty}$  and  $AUC_{\text{tao}}$  the percentage extrapolated from the terminal component of the curve was calculated and reported as  $AUC_{\text{extrap}}$  and  $AUC_{\text{taoextrap}}$  respectively. Nonlinear regression was used to determine the slope of the terminal component of the drug-elimination time curve. Because intravenous drug administration was not performed, both the elimination rate constant ( $1/\lambda$ ) and half-life ( $t_{1/2}$ ) are reported as disappearance values. Additional reported parameters include mean residence time (MRT), relative bioavailability (F) of rectal compared to oral administration ( $F = AUC_{\text{RECTAL}}/AUC_{\text{ORAL}}$ ), and the accumulation index. The coefficient of variation (CV) for selected values was calculated as the standard deviation (SD) divided by the mean.

## Section 8: Fecal DNA Extraction

DNA was extracted from fecal samples using QIAamp PowerFecal kits (Qiagen) according to the manufacturer's instructions, with minor adaptations in sample and lysis buffer homogenization as previously described.<sup>100</sup> DNA, eluted in 100  $\mu$ L of buffer, was quantified via fluorometry (Qubit 2.0, Invitrogen, Carlsbad, CA) using quant-iT BR dsDNA reagent kits (Invitrogen) and normalized to a uniform concentration and volume.

## Section 9: 16S rRNA Amplicon Library Preparation and Sequencing

Construction and sequencing of bacterial 16S rRNA amplicon libraries was performed at the University of Missouri (MU) DNA Core Facility according to previously described methodology.<sup>100</sup> Briefly, 16S rRNA amplicons were generated via amplification of the V4 hypervariable region of the 16S rRNA gene using universal primers (U515F/806R) flanked by Illumina standard adapter sequences<sup>101,102</sup> and the following amplification parameters: 98°C<sup>(3 min)</sup> + [98°C<sup>(15 sec)</sup> + 50°C<sup>(30 sec)</sup> + 72°C<sup>(30 sec)</sup>] × 25 cycles + 72°C<sup>(7 min)</sup>. Amplicons were pooled, purified, and then washed. The final amplicon pool was quantified (quant-iT HS dsDNA reagent kit) and sequenced using a standard 2×250 bp paired-end reads protocol for sequencing on the Illumina MiSeq instrument.

## Section 10: Bioinformatics Analysis

Bioinformatics on DNA sequences was performed at the MU Informatics Research Core Facility. Primers designed to match the 5' ends of forward and reverse reads were removed from the 5' end of the forward read using Cutadapt<sup>103</sup> (version 2.6; <https://github.com/marcelm/cutadapt>). When identified, reverse complements of the primer and all bases downstream were then removed from the forward read. For the reverse reads the approach was similar but opposite. Two passes were made over each read with an allowable error-rate of 0.1. Read pairs were rejected if both did not match a 5' primer. The QIIME2<sup>104</sup> DADA2<sup>105</sup> plugin (version 1.10.0) with R version 3.5.1 and Biom version 2.1.7 was used to denoise, de-replicate, and count amplicon sequence variants (ASVs). Finally, taxonomies were assigned using the Silva.v132<sup>106</sup> database.

## Section 11: Statistical Analysis

Analysis of pharmacokinetic data was performed using Graphpad Prism 9. Distribution of data was evaluated for normality using Shapiro-Wilk and Kolmogorov-Smirnov methods. Data are reported as mean  $\pm$  standard deviation apart from  $T_{\max}$  and  $T_{1/2}$  which are reported as median (range) and harmonic mean  $\pm$  pseudo-standard deviation, respectively. Comparisons between the first and last (tenth) doses for each route of administration were evaluated using Wilcoxon signed rank test for  $T_{\max}$  and paired T-tests for all other parameters. Comparisons between routes of administration (ORAL versus RECTAL) were evaluated using mixed effects analysis with Sidák's post hoc multiple comparisons for  $T_{\max}$  and repeated measures two-way analysis of variance (ANOVA) with Tukey's post-hoc multiple comparisons test for all other parameters.

Analysis of fecal microbiota data was performed using SigmaPlot version 14.0. Differences in overall microbiota composition (beta-diversity) between horses and treatments were tested via two-way permutation multivariate analysis of variance (PERMANOVA) using Bray-Curtis and Jaccard similarities. Principal coordinate analysis (PCoA) was performed on  $\frac{1}{4}$  root-transformed data. Effects of horse and treatment on change in intra-subject beta-diversity over time were assessed for normality and equal variance using the Shapiro-Wilk and Brown-Forsythe methods, respectively, and then tested using a two-way ANOVA with Holm-Sidak post hoc multiple comparisons. Univariate data including detected and predicted richness of ASVs (Taxa\_S and Chao-1 respectively), and alpha-diversity (Shannon index and Simpson index) were assessed for normality and equal variance using the Shapiro-Wilk and Brown-Forsythe methods, respectively, and then tested via three-way ANOVA with Holm-Sidak post hoc multiple comparisons. Significance for all statistical comparisons was defined as  $p < 0.05$ .

## Chapter 3: Results

### Section 1: Study Completion

Physical examination parameters remained normal and no clinical evidence of abdominal discomfort or changes in appetite, fecal consistency, or fecal output were noted for any horse during the study. One horse developed mild cellulitis of one distal hindlimb just prior to the third experimental condition necessitating administration of a single dose each of flunixin meglumine (1.1 mg/kg IV) and ceftiofur crystalline free acid (6.6 mg/kg IM). The horse was maintained on group-specific pasture until after resolution of the cellulitis. Since dysbiosis following NSAID and antibiotic administration has been demonstrated in horses,<sup>21,23,24</sup> an additional four-week wash-out period (from the time of medication administration) was instituted prior to the horse completing the third experimental condition. The fecal microbiome data for the horse's third experimental condition was ultimately included in the final analysis for this study because significant differences were not identified between the horse's fecal samples at baseline and the Start Tx time-point of the third experimental condition.

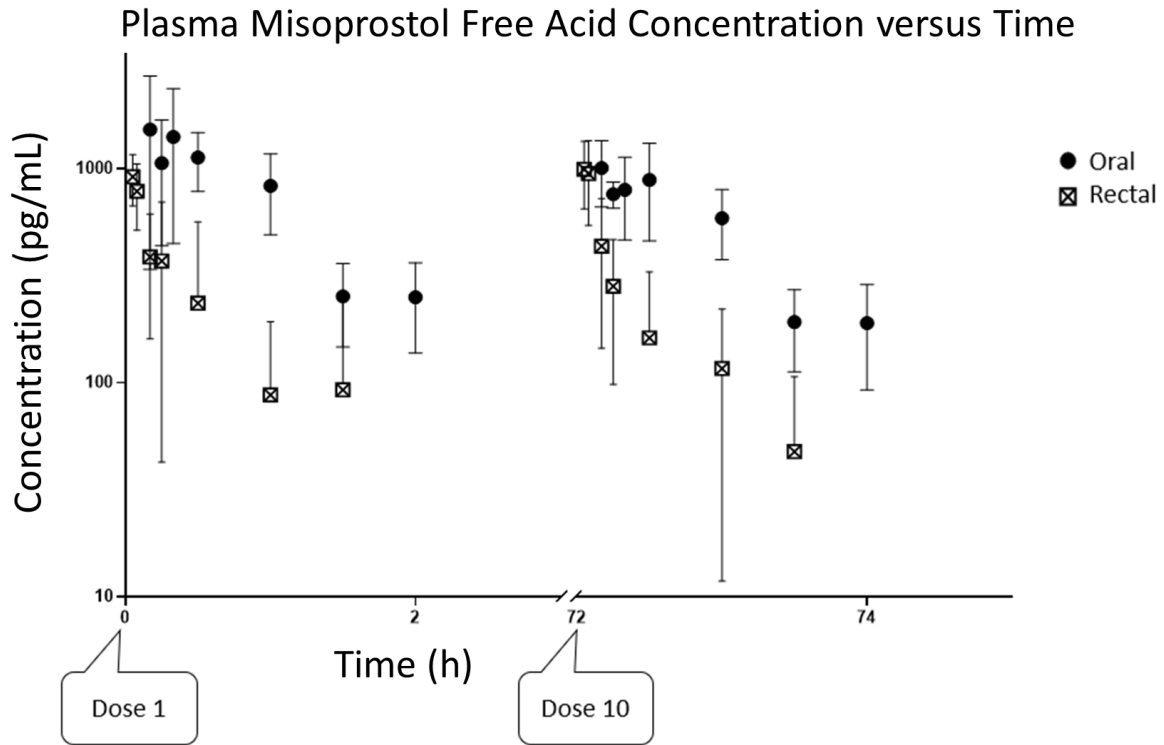


## Section 2: Pharmacokinetic Results

Plasma MFA concentrations remained above the LLOQ for all horses at 120 minutes after doses 1 and 10 in the ORAL condition, and at 90 minutes in the RECTAL condition for 5 of 6 horses after dose 1 and 4 of 6 horses after dose 10. Plasma MFA concentrations fell below the lower limit of detection (LLOD) in all horses at time 0 for doses 1, 2, 8, and 10 in both ORAL and RECTAL conditions. Differences in time-matched plasma MFA concentrations were not observed across doses within both the ORAL and RECTAL conditions.

Plasma concentration-versus-time curves generated for dose 1 and dose 10 of the ORAL and RECTAL conditions are displayed in **Figure 2** and pharmacokinetic parameters are summarized in **Table 4**. The mean  $\pm$  standard deviation percentage of the  $AUC_{0\rightarrow\infty}$  that was extrapolated after dose 1 and 10 for the ORAL condition was  $17 \pm 10\%$  and  $18 \pm 12\%$ , and for the RECTAL condition was  $14 \pm 15\%$  and  $15 \pm 11\%$  respectively. For this reason, both  $AUC_{0\rightarrow\text{last}}$  and  $AUC_{0\rightarrow\infty}$  are reported and included in statistical comparisons. The mean percentage of  $AUC_{\text{tao}}$  extrapolated was  $< 5\%$  for all measurements. Within the ORAL and RECTAL conditions, differences between  $AUC_{0\rightarrow\text{last}}$ ,  $AUC_{0\rightarrow\infty}$ , and  $AUC_{\text{tao}}$  were not detected for either dose 1 or dose 10 ( $p > 0.5$  all). Differences in pharmacokinetic parameters were not detected between dose 1 and dose 10 for either the ORAL or RECTAL conditions.

Several differences in pharmacokinetic parameters were identified between the ORAL and RECTAL conditions.  $T_{\text{max}}$  ( $p < 0.03$ ) was significantly longer, and both  $AUC_{0\rightarrow\text{last}}$  ( $p = 0.01$ ) and  $AUC_{\text{tau}}$  ( $p = 0.01$ ) were significantly greater for the ORAL condition after dose 1, but not after dose 10 ( $p > 0.06$  all).  $AUC_{0\rightarrow\infty}$  ( $p = 0.01$  both) was significantly greater and  $T_{1/2}$  ( $p \leq 0.02$  both) was significantly longer for the ORAL condition after both doses 1 and 10. No other differences in pharmacokinetic parameters were detected between routes of administration.



**Figure 2:** Mean plasma misoprostol free acid (MFA) concentration-versus-time curve for six healthy, adult horses that received misoprostol (5  $\mu\text{g}/\text{kg}$  q8h for 10 doses) after dose 1 and dose 10 ORAL administration (solid circles) as well as dose 1 and dose 10 RECTAL administration (cross-hatched boxes). Error bars represent standard deviation.

Parameter	Units	ORAL		RECTAL	
		Dose 1	Dose 10	Dose 1	Dose 10
$C_{max}$ (CV)	pg/mL (%)	1648 ± 1084 (66)	1138 ± 324 (29)	957 ± 225 (24)	1117 ± 402 (36)
$T_{max}$	min	20 (10 – 60) <sup>a</sup>	12.5 (10 – 30)	3 (3 – 5) <sup>a</sup>	3 (3 – 5)
$AUC_{0 \rightarrow last}$ (CV)	pg*min/mL (%)	75,720 ± 29,060 <sup>a</sup> (38)	54,040 ± 15,060 (29)	17,630 ± 16,160 <sup>a</sup> (92)	16,080 ± 11,600 (72)
$AUC_{0 \rightarrow \infty}$ (CV)	pg*min/mL (%)	90,860 ± 32,620 <sup>a</sup> (36)	66,400 ± 17,010 <sup>b</sup> (26)	23,960 ± 28,310 <sup>a</sup> (118)	19,290 ± 13,990 <sup>b</sup> (73)
$AUC_{tau}$	pg*min/ml	77,820 ± 29,490 <sup>a</sup>	55,610 ± 15,180	17,930 ± 16,560 <sup>a</sup>	16,460 ± 11,520
$MRT_{inf}$	min	61.92 ± 19.76	65.36 ± 24.20	38.81 ± 30.64	36.36 ± 21.08
$T_{1/2}$	min	38 ± 12 <sup>a</sup>	41 ± 16 <sup>b</sup>	28 ± 16 <sup>a</sup>	30 ± 20 <sup>b</sup>
$\lambda_z$	min <sup>-1</sup>	0.02 ± 0.01	0.02 ± 0.01	0.03 ± 0.02	0.04 ± 0.03
<b>Accumulation Index</b>		1.14 ± 0.10	1.17 ± 0.13	1.15 ± 0.17	1.19 ± 0.22
<b>F</b>	%	NA	NA	28 ± 30	32 ± 27

**Table 4:** Plasma pharmacokinetic parameters for misoprostol free acid (MFA) following dose 1 and dose 10 for ORAL and RECTAL administration in six healthy, adult horses. Values are reported as mean ± SD for all parameters except  $T_{max}$  which is reported as median (range) and  $T_{1/2dis}$  which is reported as harmonic mean ± pseudoSD.

$C_{max}$ : maximum observed plasma concentration;  $T_{max}$ : time to  $C_{max}$ ;  $AUC_{0 \rightarrow last}$ : area under the concentration-versus-time curve from time 0 to the last measured concentration;  $AUC_{0 \rightarrow \infty}$ : area under the concentration-versus-time curve from time 0 extrapolated to infinity;  $AUC_{tau}$ : area under to concentration-versus-time curve from time 0 to the dosing interval (eight hours); CV: coefficient of variation presented for select variables; F: relative bioavailability of rectal compared to oral administration;  $MRT_{inf}$ : mean residence time extrapolated to infinity; NA: not applicable;  $T_{1/2}$ : disappearance half-life;  $\lambda_z$ : disappearance rate constant

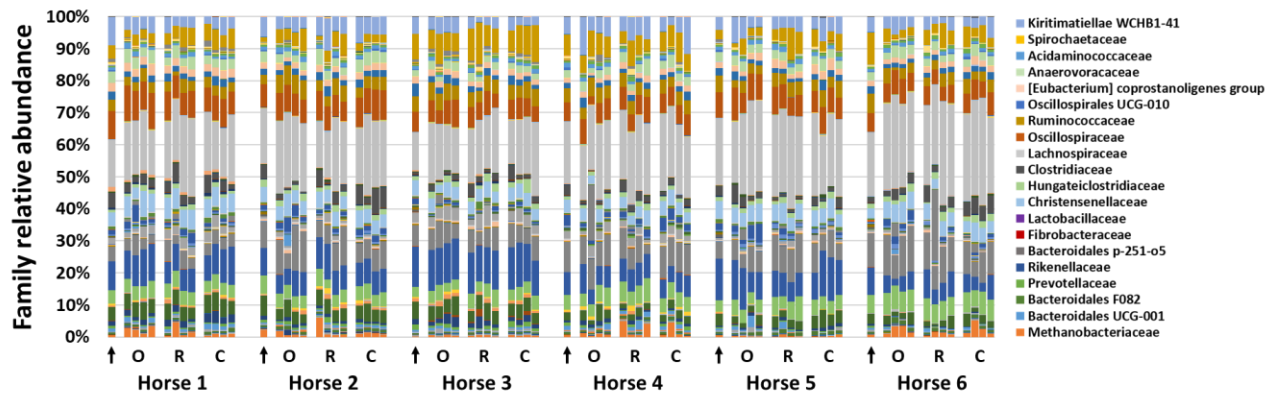
<sup>a</sup> within a row denotes a significant difference ( $p < 0.05$ ) between ORAL and RECTAL for dose 1.

<sup>b</sup> within a row denotes a significant difference ( $p < 0.05$ ) between ORAL and RECTAL for dose 10.

### Section 3: Microbiome Results

#### Subsection 3a: Assessment of Microbial Community

All samples yielded acceptable coverage with a mean read count of 87,662 per sample (range 46,652 – 106,767). A total of 31 phyla, 249 families, 411 genera, and 15,647 species were detected. Major phyla and families identified and their associated mean relative abundances (%) included Firmicutes (55%), Bacteroidota (28%), and Verrucomicrobiota (5%) for phyla and *Clostridia* (11%), *Lachnospiraceae* (9%), and *p-251-o5* (8%) for families. Significant differences in relative abundance of major identified taxa were not detected among experimental conditions or timepoints at the phylum, family, genus, or species level as depicted in **Figure 3**.

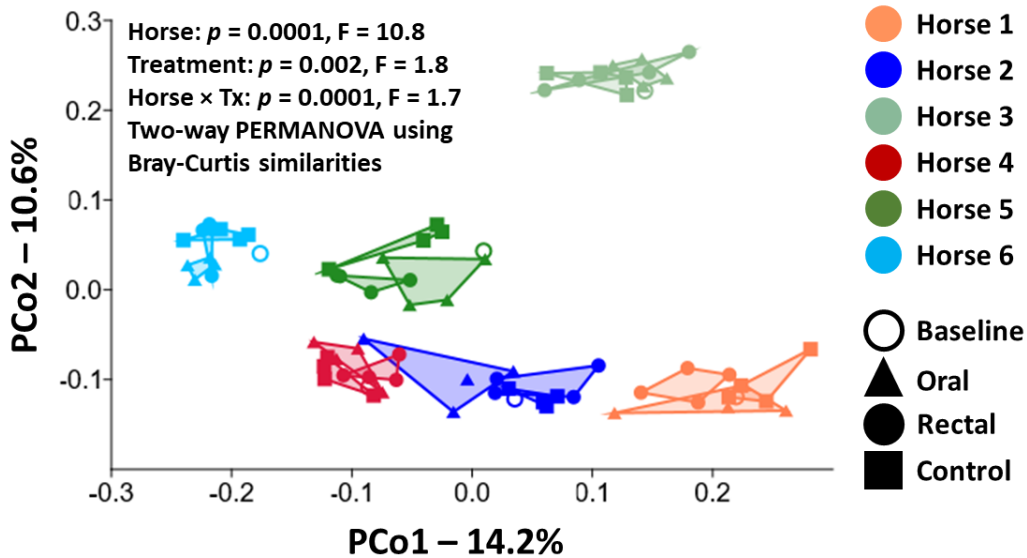


**Figure 3:** Stacked bar chart depicting the major families detected in fecal samples from horses at baseline (arrow), undergoing ORAL (O) or RECTAL (R) treatments, or the CONTROL (C) experimental condition.

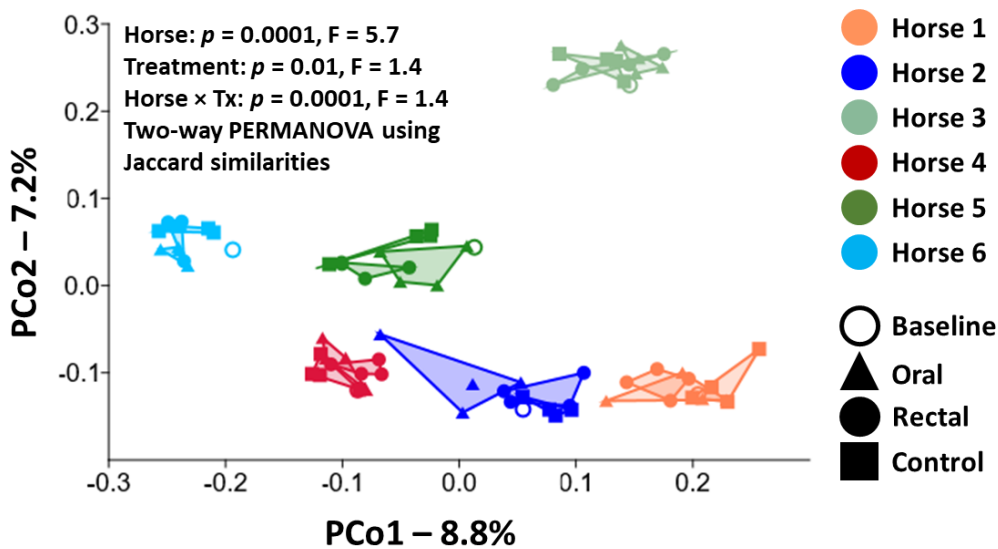
### Subsection 3b: Beta-diversity

Principal coordinate analysis comparing composition of fecal microbiota between all 6 study horses and conditions (ORAL, RECTAL, CONTROL) is depicted for the Bray-Curtis and Jaccard similarity indices in **Figure 4** and **Figure 5**, respectively. A strong significant effect of horse on beta-diversity was detected by two-way PERMANOVA (Bray-Curtis  $p < 0.001$ ,  $F = 10.8$ ; Jaccard  $p < 0.001$ ,  $F = 5.7$ ) with samples clearly clustering according to horse. A weak significant effect of experimental condition on beta-diversity was also detected (Bray-Curtis  $p = 0.002$ ,  $F = 1.8$ ; Jaccard  $p = 0.01$ ,  $F = 1.4$ ), with minimal separation of samples identified according to condition.

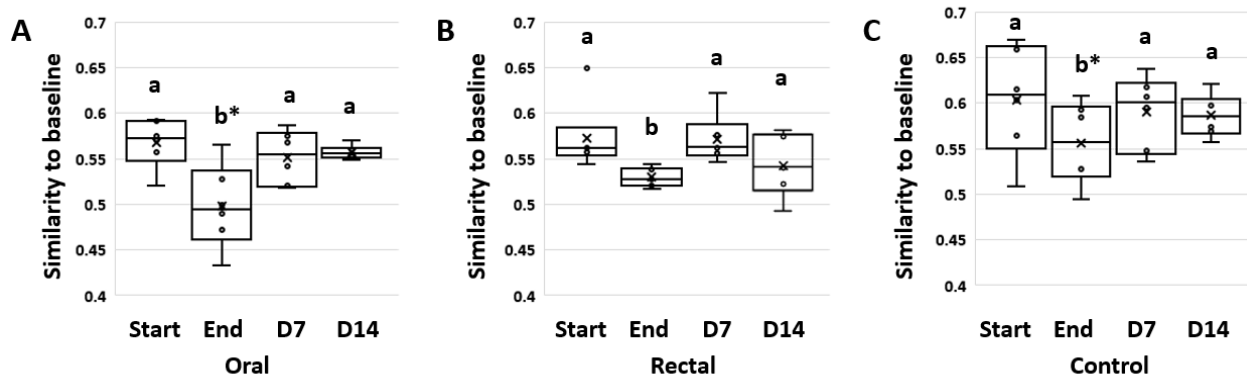
To further evaluate the effect of experimental condition over time, samples within each condition and for each timepoint were compared to the baseline samples collected 7 days prior to study onset. Two-way ANOVA to assess the effect of experimental condition and timepoint on intra-horse similarity to baseline found that, when controlling for the individual horse, there were significant effects of condition ( $p < 0.001$ ,  $F = 8.5$ ) and timepoint ( $p < 0.001$ ,  $F = 7.8$ ) on fecal beta-diversity, and no significant interaction between factors ( $p = 0.778$ ,  $F = 0.5$ ; **Figure 6**). Specifically, intra-subject similarity to baseline was greater during the CONTROL condition than during either the RECTAL ( $p = 0.009$ ) or ORAL ( $p < 0.001$ ) conditions and was lower at the End Tx timepoint compared to other timepoints ( $p < 0.019$  all). When experimental condition within each timepoint was considered, significance was only identified between the CONTROL and ORAL conditions at the End Tx timepoint ( $p = 0.016$ ).



**Figure 4:** Principal coordinate analysis based on Bray-Curtis similarities with results of two-way permutational multivariate analysis of variance shown in upper left. Samples cluster according to horse, with minimal to no separation of experimental conditions within horse (legend at right), showing clear inter-horse differences in beta-diversity.



**Figure 5:** Principal coordinate analysis based on Jaccard similarities with results of two-way permutational multivariate analysis of variance shown in upper left. Samples cluster according to horse, with minimal to no separation of experimental conditions within horse (legend at right), showing clear inter-horse differences in beta-diversity.

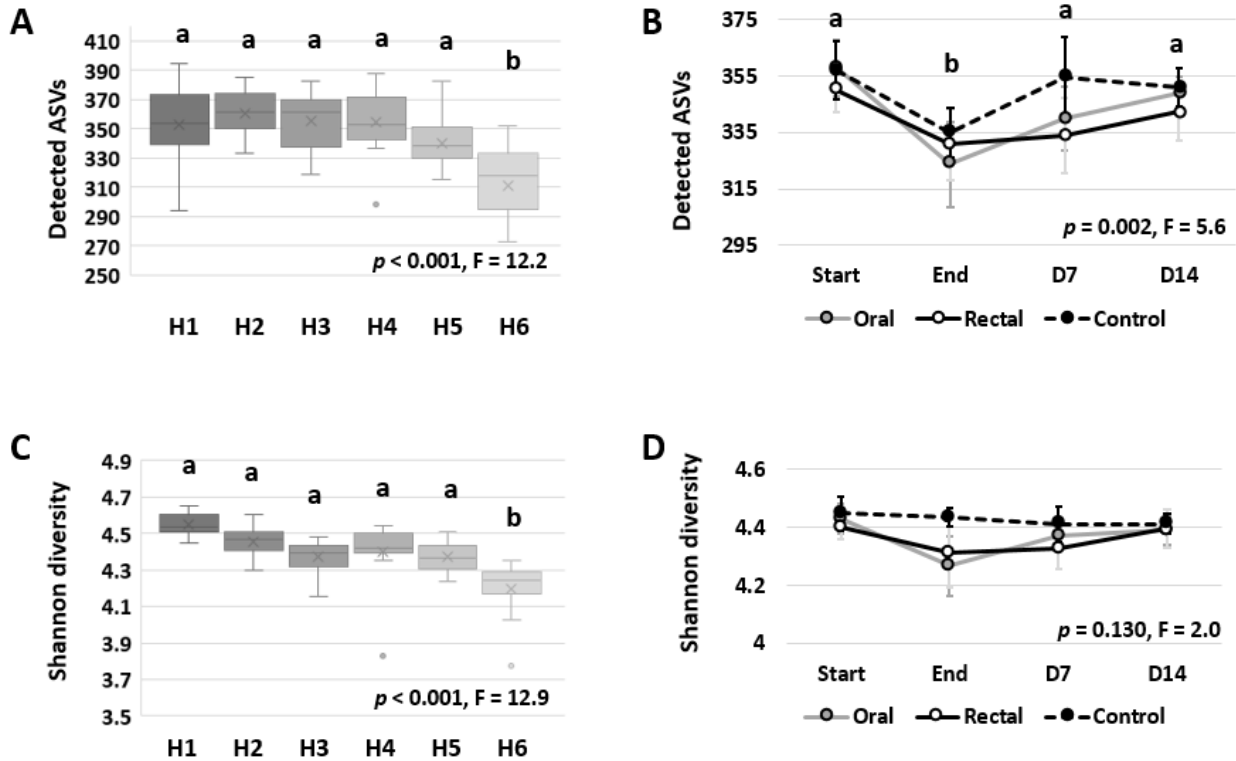


**Figure 6:** Intra-horse similarity to baseline at each subsequent time-point, according to treatment group. Tukey box plots showing intra-horse similarity to their baseline composition at each time-point during ORAL (A) or RECTAL (B) administration of misoprostol, or during the CONTROL period (C). Different letters indicate significant differences in pairwise comparisons within each panel. An asterisk (\*) indicates a significant difference between the CONTROL and ORAL conditions at the End Tx timepoint.

### Subsection 3c: Richness and Alpha Diversity

Univariate data including inter-horse and time-dependent effects on observed ASV richness and alpha-diversity are presented in **Figure 7**. Results of the three-way ANOVA identified differences in observed richness (Taxa\_S) by horse ( $p < 0.001$ ,  $F = 12.2$ ) and timepoint ( $p = 0.002$ ,  $F = 5.6$ ) particularly when the End Tx timepoint was compared to the Start Tx ( $p = 0.001$ ) and D14 ( $p = 0.037$ ) timepoints. Differences were not detected among experimental condition ( $p = 0.181$ ,  $F = 1.7$ ; **Figure 7 A & B**). Similarly, differences were detected in predicted richness (Chao-1) by horse ( $p < 0.001$ ,  $F = 3.9$ ) and timepoint ( $p = 0.014$ ,  $F = 4.9$ ), but not by experimental condition ( $p = 0.689$ ,  $F = 0.4$ ). Evaluation of diversity using the Shannon Index detected differences by horse ( $p < 0.001$ ,  $F = 6.8$ ) but not according to timepoint ( $p = 0.130$ ,  $F = 2.0$ ) or experimental condition ( $p = 0.077$ ,  $F = 2.7$ ; **Figure 7 C & D**). Evaluation using the Simpson index resulted in similar findings for diversity by horse ( $p < 0.001$ ,  $F = 4.4$ ), timepoint ( $p = 0.339$ ,  $F = 1.2$ ) and experimental condition ( $p = 0.5$ ,  $F = 0.7$ ).





**Figure 7:** Inter-horse and time-dependent effects on richness and alpha-diversity. Box plot and line graph showing the number of detected amplicon sequence variants (ASVs) as a measure of richness, grouped by horse (A) or treatment and time-point (B). Main effects associated with horse and time-point (three-way ANOVA) are included in A and B, respectively. Box plot and line graph representing Shannon alpha-diversity in the same fashion (C & D). Different letters indicate significant differences in pairwise comparisons within each panel.

## Chapter 4: Discussion

To date, the present study is the first to describe the pharmacokinetics and detail the fecal microbiome in horses following repeated dose oral and rectal administration of misoprostol. As predicted, differences in pharmacokinetic parameters were noted between routes of administration but not in response to repeated drug administration. With respect to fecal microbiome assessment, changes in the microbiome composition were observed over the course of the study. While associations with treatment and timepoint were identified, these were far outweighed by observed inter-horse differences in fecal microbiome composition.

At the dose and dose interval described in this study, misoprostol did not appear to accumulate with repeated-dose administration or reach steady state plasma concentrations. The mean disappearance  $t_{1/2}$  was well below one-hour for both oral and rectal administration, and MFA plasma concentrations were below the LLOD when measured immediately prior to drug administration. Additionally, repeated dose administration did not appear to alter misoprostol absorption or metabolism as suggested by the lack of detectable differences in pharmacokinetic parameters between the first and last dose for either route of administration. Considerable variability in misoprostol absorption ( $C_{max}$ ) and systemic exposure (AUC) has been recognized in horses<sup>15,20,26</sup> and was also noted among horses in the present study. This is evident by the large CV observed for these parameters for both routes of administration (**Table 4**). Notable variability between the first and last dose was also observed when individual horses were considered, with differences for  $C_{max}$  and AUC between the first and last dose exceeding 50% for some horses. Thus, it is possible that both between and within-horse variability could have precluded the detection of small differences in pharmacokinetic parameters associated with repeated dose administration.

The pharmacokinetics of misoprostol in horses are described after single dose administration by the oral or rectal route in fasted and fed horses and in horses challenged with LPS.<sup>15,20,26</sup> Rapid absorption of misoprostol is observed for this and all previous studies with reported values for  $T_{max}$  of 3-5 minutes after rectal and 10-45 minutes for oral administration.<sup>15,20,26</sup> Additional similarities are particularly apparent when considering rectal administration of misoprostol. The mean  $C_{max}$  and AUC values reported in the present repeated-dose study demonstrate notable overlap with what has been reported for these parameters in single-dose studies both with and without LPS challenge.<sup>20,26</sup> The relative differences between oral and rectal pharmacokinetics observed in this study are also similar to those previously reported where the larger AUC and longer disappearance  $t_{1/2}$  observed after oral administration corresponds to greater systemic drug exposure with oral administration and decreased relative bioavailability for rectal administration.<sup>20,26</sup> Thus while parenteral administration can provide an opportunity to improve relative bioavailability by bypassing hepatic first-pass metabolism, it is less predictable in horses<sup>107</sup> and does not appear to have improved the bioavailability of misoprostol in this or previous studies.<sup>9,10</sup>

The variability in drug pharmacokinetics noted across studies with oral drug administration most likely reflects the impact that differences in experimental protocols such as fasting times or endotoxin challenge and inherent physiologic differences among horses may have on drug absorption and systemic exposure after oral administration. The  $C_{max}$  and AUC values reported in this study are most similar to those reported by Lopp et al for fasted versus fed horses after single-dose oral misoprostol administration.<sup>26</sup> While horses in this study were not specifically fasted, their similarity to the fasted horses in the Lopp et al study most likely reflects the feeding schedule relative to timing of drug administration used in this repeated-dose

study. Similar to what has been reported in comparisons to previous single-dose studies, the mean  $C_{\max}$  and AUC values reported in the present study were approximately 4-5 fold lower than those reported by Kimura et al in LPS-challenged horses.<sup>20</sup> The study population in this repeated-dose study is identical to that used by Kimura et al with a 12-month gap between studies.<sup>20</sup> However, comparisons between separate studies must be made with caution and therefore the influence of LPS or inflammation on misoprostol pharmacokinetics in horses remains to be determined.

With respect to the fecal microbiome, the overall composition and major taxa present at the phylum, family, and genus levels in the horses in this study were similar to what has been reported previously in healthy adult horses.<sup>34</sup> When comparing microbiome composition using beta diversity indices, although significant differences were detected among individual horses and experimental conditions, marked clustering was only noted between individual horses and not between experimental conditions (**Figures 4 and 5**). Furthermore, intra-horse similarity to baseline decreased at the End Tx timepoint, particularly in the ORAL condition (**Figure 6**). Taken altogether, these results suggest that while inter-horse differences outweigh other factors, there are nonetheless subtle effects of treatment and timepoint on fecal microbiome composition. Although the exact mechanism(s) underlying these effects remains unknown, it is proposed that prostanoid receptor interactions leading to alterations in intestinal smooth muscle contractility, ingesta transit time, and intestinal fluid movement likely alter the local intestinal environment enough to impact the survival and composition of the microbiome. Since changes in the relative abundance of specific taxa were not identified, it is impossible to predict whether these differences in microbiome composition represent clinically or biologically significant changes.

When considering the univariate data, the decrease in observed (Taxa\_S) and predicted (Chao-1) richness at the End Tx time-point (**Figure 7A & B**) might be considered an undesirable change.<sup>44</sup> However, since the decline in richness occurred equally across all experimental conditions, including the CONTROL, this decline is likely in response to management changes during each experimental condition. All horses were fed the same hay and concentrate throughout the entire study and were housed on group-specific grass pasture prior to, in between, and after all experimental periods. However, they were brought into individual stalls with pine shavings during each experimental condition. Similar changes in diet and environment have been associated with a decline in richness of the microbiome in previous studies.<sup>45,49,50</sup> Given that the decline in richness affected all experimental conditions similarly, it is likely that study-specific management changes, rather than misoprostol administration, resulted in the decreased microbial richness observed at the End TX time-point.

Finally, comparison of the Shannon and Simpson indices (**Figure 7C & D**) suggests no significant impact of treatment or time-point on fecal microbiome diversity. It is important to note that a considerable amount of variability was observed in these indices at the End Tx timepoint. This variability between horses, combined with the small number of horses included in the study, could have limited our ability to detect differences in these  $\alpha$ -diversity indices. Regardless, the overall impact of misoprostol on the microbiome composition was minor, and specific effects of misoprostol on richness or  $\alpha$ -diversity were not appreciated in the current study.

There are limitations to this study. The small sample size, particularly in consideration of the observed variability in several measured parameters, may have precluded the ability to detect subtle differences in pharmacokinetic or microbiome parameters associated with repeated-dose

misoprostol administration. Little information exists regarding therapeutic plasma concentrations for misoprostol. Current dosing recommendations in horses are largely extrapolated from human literature, and are described for the treatment of EGGD,<sup>14</sup> and single-dose pharmacokinetic studies in healthy horses.<sup>15,26</sup> To date, evaluation of a lower drug dose or shorter dosing interval for misoprostol has not been investigated in horses but is described in humans for the prevention of NSAID-induced gastric ulcers. While the 10-dose course of drug administration used in this study may be similar to that used for treatment of acute colitis, it is shorter than what is recommended for treatment of EGGD<sup>3</sup> and may have been of insufficient duration to detect changes in drug pharmacokinetic behavior or alterations in microbiome composition associated with a longer course of treatment. Furthermore, only healthy horses were included in this study and thus the potential impact that systemic illness or inflammation could have on misoprostol pharmacokinetics or the fecal microbiome, or the interaction of the two, remains unknown at this time.

Finally, unavoidable changes in management between the experimental and washout periods was a limitation of the study. Multiple inherent factors such as age,<sup>46</sup> breed,<sup>98,108</sup> and sex or pregnancy status;<sup>66,109</sup> as well as external factors such as diet,<sup>46,48,49,98</sup> exercise,<sup>110,111</sup> transport,<sup>112,113</sup> geographic location,<sup>98</sup> and season<sup>98,114</sup> can all affect the fecal microbiome. While a study designed to avoid any management or environmental changes would have been preferred, this was not possible given the limitations of the facility. The CONTROL group was included to limit over-interpretation of these confounding factors' effects on the fecal microbiome.

In conclusion, this study did not identify differences in systemic exposure after repeated dose administration of misoprostol, although increased systemic exposure was observed after oral as compared to rectal administration. Additionally, the observed differences in the fecal

microbiome's composition, richness, and alpha-diversity appeared to be primarily related to large inter-individual variation and changes in management, with only minor effects on composition associated with misoprostol administration. Further evaluation of misoprostol after long-term administration to horses with gastrointestinal disease or systemic inflammation and with or without concurrent administration of anti-inflammatory or antimicrobial medications is warranted, as this may provide clinically relevant information regarding changes in drug pharmacokinetics and pharmacodynamics or the potential for misoprostol to impact the gastrointestinal microbiome.

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## Appendix I

Definitions adapted from Costa & Weese, 2018.<sup>34</sup>

Microbiota: All microorganisms of a particular environment

Microbiome: All microorganisms along with their genetic material and their interaction with an environment

Alpha Diversity: Describes characteristics of individual samples; indices include richness, evenness, and diversity

- Richness: Total number of taxa (eg, species, genera, families, phyla) present in an environment, either through direct measure (observed richness) or through calculations to estimate the true richness that would have been detected if the entire population had been studied (estimated richness)
- Evenness: Distribution of species (eg, prevalence or relative abundance of each population within a microbial community)
- Diversity: Mathematical equation that takes into account richness and evenness (ie, it quantifies how equal a microbial community is)

Beta Diversity: Comparisons of the overall composition of the microbiota between samples or groups

- Membership: Members (eg, species, etc) that are or are not present
- Structure: Broader comparison that takes into account the members that are or are not present, as well as their relative abundance